# Since 1879

Seasoned Rice Vinegar

with Kombu and Mirin

# RCIPE

### Mini Sushi Ball

< Ingredients > Serves 2 to 3
(about 14 balls)
1cup (180ml) Sushi Rice
30cc Sushizu
8 Sliced salmon (3cm square)
9 Sliced avocado (3cm square)
9 Sliced radish (lightly salted)
(or cucumber or any other vegetables)

<Sauce>
Soy sauce / Wasabi



- < Method >
- 1. Spread cooked rice in a shallow pan and sprinkle with Sushizu. Mix with a wooden spatula and let it cool.
- 2. On a small sheet of cling film, place a slice of salmon in the center and lay a small ball of rice on top. Close the film tight, form into a ball shape.
- 3. Repeat the same work with 3 slices of vegetable for each ball.
- 4. Open the film, place the sushi ball on a plate. Serve with soy sauce and wasabi on the side. Decorate with salmon roe and herb as you like.

### Sea Bream Ceviche

< Ingredients > Serves 2 to 3

1 fillet (120g) Sea bream
(cut into bite size)
Two pinches of sea salt
Black pepper
1 tbsp Lime juice
1/2 Red onion medium (chopped)
1/2 Celery (sliced)
1 tbsp Chopped fresh coriander leaves

< Marinade Sauce > Sushizu 1:1/2 water (adjust as you like) Coriander powder



< Method >

- 1. In a bowl, place sea bream, sea salt, pepper and lime juice. Gently mix well.
- 2. Add red onion, celery, coriander leaves and the marinade sauce ingredients, lightly mix with hands. Place it in the fridge for 30mins.
- 3. Serve in a small glass bowl with its marinade sauce.

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# **SUSHIZU**

# Seasoned Rice Vinegar with Kombu and Mirin

Sushizu is high quality seasoned vinegar which ultimately defines the taste of sushi. It is made from a fine mixture of natural ingredients: Pure rice vinegar, Kombu seaweed, Amazake, and Hon-Mirin.

Ingredients: Rice, Kome Koji (malted rice), Kombu seaweed, sweeteners (sugar and Glucose liquid sugar), Amazake, Hon Mirin, Fermented seasoning (soy bean), Salt

**Storage:** Store in cool dark place and away from direct sunlight. Store in fridge once opened.

**Best to use:** Within two years from the date of manufacture.

# MARUSHO RICE VINEGAR MANUFACTURER & CO.

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## **Cauliflower Spicy Pickles**

< Ingredients > Serves 2 8 Cauliflower florets

< Marinade Sauce >
50cc Sushizu
25cc Water (adjust as you like)
1 Bay leaf
1 Fresh green chili
1 Dried red chili



- < Method >
- 1. Lightly boil cauliflower.
- 2. Mix marinade sauce ingredients and place in a seal-tight plastic bag, add boiled cauliflower while hot. Close the bag and mix well. Pickle for at least 1 hour.

\*Option: Cucumber or celery can be pickled raw.

# Carrot Dressed with Black Sesame Sauce

< Ingredients > Serves 3 1 Carrot medium size Two pinches of sea salt

< Dressing >
1 1/2 tbsp Sushizu
2 tbsp Ground black sesame
1 tsp Soy sauce
2 tbsp Olive oil



- < Method >
- 1. Roughly grate the carrot about 3cm length, 5mm width each.
- 2. Gently rub the carrot with salt and throw away any excess water.
- 3. In another bowl, place all dressing ingredients, mix well with a whisk.
- 4. Add the carrot into the sauce, serve on a plate.

# Fresh Spring Roll with Spicy Miso Sauce

< Ingredients > Makes 4 4 Spring roll paper

6 Prawns (peeled and boiled)

4 Leaves of lettuce (chopped)

16 Green beans (boiled)

2 cup Rice vermicelli (boiled)

1/2 cup Fresh mint leaves

8 Leaves of fresh basil (or Shiso)

< Sauce >

2 tbsp Sushizu

1 tsp Barley miso (or rice miso)

1 tsp Water, Chili flakes



- < Method >
- 1. Cut the boiled prawns in half, and de-vein.
- 2. Boil rice vermicelli, rinse with water, and cool down.
- 3. Moist the rice paper with water. Place 3 prawns in the middle.
- 4. Put two leaves of basil on the prawns, and continue with vermicelli, lettuce, green beans and mint.
- 5. Fold over the bottom and sides. Roll wrapper upwards to form a neat shape.
- 6. Place on a plate, serve with the sauce on the side.

### **Zucchini Som Tam**

< Ingredients > Serves 4 to 5 1 Zucchini medium size (sliced)

< Sauce >

2 tbsp Sushizu

1 tbsp Peanuts (finely chopped)

1 Fresh green chili (remove seeds and finely chopped ) (adjust as you like)



- < Method >
- 1. In a bowl, mix Sushizu, peanuts, and chili flakes.
- 2. Just before serving, add sliced zucchini and mix well.

HIZU